## GUYdelines

## A few thoughts for outdoor lovers and leaders from WILD GUYAe Adventures, LLC

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## You are sharing the woods with these people..!

Enjoy these actual comments left on Forest Service registration sheets and comment cards by campers and backpackers completing their trips:

- "A small deer came into my camp and stole my bag of pickles. Is there a way I can get reimbursed? Please call."
- "Escalators would help on steep uphill sections."
- "Instead of a permit system or regulations, the Forest Service needs to reduce worldwide population growth to limit the number of visitors to wilderness."
- "Trails need to be wider so people can walk while holding hands."
- "Ban walking sticks in the wilderness; hikers that use walking sticks are more likely to chase animals."
- "All the mile markers are missing this year."
- "Found a smoldering cigarette left by a horse."
- "Trail needs to be reconstructed; please avoid building trails that go uphill."
- "Too many bugs and leeches and spiders and webs; please spray the wilderness to rid the area of these pests."
- "Please pave the trails so they can be plowed of snow in the winter."
- "Chairlifts need to be in some places so we can get to wonderful views without having to hike to them."
- "The coyotes made too much noise last night and kept me awake. Please eradicate these annoying animals."
- "Reflectors need to be placed on trees every 50 feet so people can hike at night with flashlights."
- "Need more signs to keep the area pristine."
- "A McDonalds would be nice at the trailhead."
- "The places where trails do not exist are not well marked."
- "Too many rocks in the mountains."

Happy adventuring out there!

LRZ

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Are you coming to Virginia for a family vacation, church group trip, boys' club event, or escape weekend? Why not experience Virginia adventure with WILD GUYLA Adverture!

WCA offers guided beginner level outdoor adventures and competent instruction in activity fundamentals. We can take you hiking, rock climbing and rappelling, caving, or canoeing. We use various activity areas in the George Washington and Monongahela National Forests, along Virginia's Blue Ridge, and in the Potomac Highlands of West Virginia. Check out the 2016 trip options below, or call to talk about your own creative adventure idea!

(540-433-1637 or <u>lester@wildguyde.com</u>) You may also visit <u>www.wildguyde.com</u>

## How was your trip with the WILD GUYA!!

Thanks again for guiding us – the trip was awesome! I'm a little sore and bruised today but it makes me happy because it reminds me of everything we did. The info was clear and the location appropriate. I also really enjoyed how you incorporated learning and team building elements into our trip. (Sarah, 2012)

We arrived back in Florida late Thursday night. We had a wonderful time on our adventure with you and we have all been raving to everyone about how great the trip was! Your professionalism and encouragement allowed us to continue on even when some of us were reluctant to try (me, of course)! The boys raved about the caving and the fact that it looked scary, but once you got through it, it wasn't as difficult or scary as you thought it would be. Todd and I were both thrilled with the learning experience for the kids and feel that we have all grown as a result of facing our fears. Everyone talked about what a great guide you were for us! Overall, our adventure was a wonderful experience and the highlight of our trip to VA! (Christine, 2012)

The trip was so much better than I expected. I was a little bummed when it was all over. The time in the cave really flew by. I especially appreciated all the education part of it. The fact that you were providing us with the tools to go caving on our own was nice. It really showed your passion for the outdoors and wanting to spread that passion. (John, 2015)

I have to tell you my son was surprised I did as well as I did on the climb. The location was awesome. I had such a blast, that I know another trip is in my future. Thanks again! (Deb, 2015)

Climbing with you was the highlight of our trip. I cannot say enough positive things about it. You are such as awesome guide ... The most impressive part of the experience was your expertise, your sound technical instruction, your calm demeanor, and your flexibility to let allow us try to climb as high as we felt comfortable ... Thanks so much for introducing us to climbing! (Maarten, 2015)